

The Result?

More Laborers staying on the job
to deliver projects on time
Better well-being for members and
their families
Building solidarity among members
who know we have their back



“Peer support programs are
the epitome of Laborers Rising.
When we take care of our own,
we build power and we make
a real difference in the lives of
our Brothers and Sisters.”

Brent Booker

LIUNA General President
and LHSFNA Co-Chair



Construction Industry Laborers' Fringe Benefit Funds

Administered by Wilson-McShane Corporation

(816) 777-2669

(833) 479-9429 toll-free

Information on Health and Welfare eligibility, Pension
amount at age 62, SMART Fund account balance,
and all claim forms available 24/7 at cilfunds.com.

Preferred Provider (800) 810-BLUE (2583) toll-free
Organization (PPO) www.bluekc.com
Provider Information

Blue Cross Blue Shield (816) 395-3989
of KC Prior Authorization (800) 892-6116 toll-free

Prescription **SavRx**
Benefits (800) 228-3108 toll-free
www.savrx.com

Dental Benefits **Connection Dental**
Network
(800) 544-3014 toll-free
www.connectiondental.com

Vision Benefits **Wilson-McShane**
(816) 777-2669
(833) 479-9429 toll-free

Hearing Network **Amplifon**
Information (866) 861-4369 toll-free
www.amplifonusa.com/cilfunds

The **Telehealth Amwell Program** allows you to visit
with a doctor through your computer (with a
webcam) or by using your smartphone. The doctors
are available 24/7 and will be able to answer
questions, make diagnosis, and in some cases,
prescribe basic medications, when needed. There is
no cost to you for this program, but prior to using
the program you must download the Amwell app
and complete your enrollment.



LEAN LIUNA:
Spreading Peer Support
Across LIUNA



What Is LEAN LIUNA?

LEAN LIUNA, also known as **Laborers Escaping Adversity Now**, is a peer support program designed to help LIUNA members and their families overcome mental health issues, substance use disorders and other types of adversity.

Why LEAN LIUNA?

Our Brothers and Sisters need these programs:

Construction is 1st in suicide rate and 2nd for substance abuse among all industries
Accessing care is complicated, difficult and stigmatized
Stress, long hours and financial uncertainty can take a toll

LEAN LIUNA programs are in demand and saving the lives of members and their families.



No matter why,
no matter when.
We are here.

A Mindful Advocate can help members access tools including in-person, text, online therapy and virtual visit options specific to the members' behavioral healthcare needs.

Mindful Advocates are just one phone call away and **available 24/7.**

(833) 302-MIND (6463)

or by calling the Behavioral Health number on the back of your ID card.

Learn more about these services at mindfulbluekc.com or by calling a Mindful Advocate.



Línea 988 de Prevención del Suicidio y Crisis
~Servicio en español~

DIAL 988
988lifeline.org

At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult.

Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns or just need someone to talk to, our caring counselors are here for you.

You are not alone. No estás solo.

IMPORTANT RESOURCES | RECURSOS IMPORTANTES



Línea Directa de Crisis de Veteranos

DIAL 988 then PRESS 1

Text | Texto **838255**

Chat online | Chatear en línea
veteranscrisisline.net

The Veterans Crisis Line is a free, confidential resource for all service members, including members of the National Guard and Reserve, and Veterans, even if they're not enrolled in VA benefits or health care.



Línea Nacional de Abuso Doméstico

(800) 799-SAFE (7233)

Text | Texto **"START" to 88788.**

Chat online | Chatear en línea
(A.I. Chat also available)

thehotline.org

We are here to serve all those impacted by relationship abuse 24/7 confidentially.

Due to heightened demand, you may experience longer time to connect with a live advocate. If you are unable to wait safely or aren't ready to call, chat or text, you can search our *Directory of Local Providers* section anytime for resources and support in your area.

Here For You. Aquí para ti.