

# The Result?

More Laborers staying on the job to deliver projects on time  
Better well-being for members and their families  
Building solidarity among members who know we have their back



**"Peer support programs are the epitome of Laborers Rising. When we take care of our own, we build power and we make a real difference in the lives of our Brothers and Sisters."**

**Brent Booker**  
LIUNA General President  
and LHSFNA Co-Chair



## Construction Industry Laborers' Fringe Benefit Funds

Administered by Wilson-McShane Corporation

(816) 777-2669  
(833) 479-9429 toll-free

Information on Health and Welfare eligibility, Pension amount at age 62, SMART Fund account balance, and all claim forms available 24/7 at [cifunds.com](http://cifunds.com).

Preferred Provider (800) 810-BLUE (2583) toll-free  
Organization (PPO) [www.bluekc.com](http://www.bluekc.com)  
Provider Information

Blue Cross Blue Shield (816) 395-3989  
of KC Prior Authorization (800) 892-6116 toll-free

Prescription Benefits **SavRx**  
(800) 228-3108 toll-free  
[www.savrx.com](http://www.savrx.com)

Dental Benefits **Connection Dental Network**  
(800) 544-3014 toll-free  
[www.connectiondental.com](http://www.connectiondental.com)

Vision Benefits **Wilson-McShane**  
(816) 777-2669  
(833) 479-9429 toll-free

Hearing Network Information **Amplifon**  
(866) 861-4369 toll-free  
[www.amplifonusa.com/cifunds](http://www.amplifonusa.com/cifunds)

The **Telehealth Amwell Program** allows you to visit with a doctor through your computer (with a webcam) or by using your smartphone. The doctors are available 24/7 and will be able to answer questions, make diagnosis, and in some cases, prescribe basic medications, when needed. There is no cost to you for this program, but prior to using the program you must download the Amwell app and complete your enrollment.



**LEAN LIUNA:  
Spreading Peer Support  
Across LIUNA**





## What Is LEAN LIUNA?

**LEAN LIUNA**, also known as **Laborers Escaping Adversity Now**, is a peer support program designed to help LIUNA members and their families overcome mental health issues, substance use disorders and other types of adversity.

## Why LEAN LIUNA?

**Our Brothers and Sisters need these programs:**

Construction is 1st in suicide rate and 2nd for substance abuse among all industries  
Accessing care is complicated, difficult and stigmatized  
Stress, long hours and financial uncertainty can take a toll

**LEAN LIUNA** programs are in demand and saving the lives of members and their families.



No matter why,  
no matter when.  
**We are here.**

A Mindful Advocate can help members access tools including in-person, text, online therapy and virtual visit options specific to the members' behavioral healthcare needs.

**Mindful Advocates** are just one phone call away and **available 24/7**.

**(833) 302-MIND (6463)**

or by calling the Behavioral Health number on the back of your ID card.

Learn more about these services at [mindfulbluekc.com](http://mindfulbluekc.com) or by calling a Mindful Advocate.



Línea 988 de Prevención del Suicidio y Crisis  
~Servicio en español~

**DIAL 988**  
**988lifeline.org**

At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult.

Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns or just need someone to talk to, our caring counselors are here for you.

**You are not alone. No estás solo.**



Línea Directa de Crisis de Veteranos

**DIAL 988 then PRESS 1**

Text | Texto **838255**

Chat online | Chatear en línea

**veteranscrisisline.net**

The Veterans Crisis Line is a free, confidential resource for all service members, including members of the National Guard and Reserve, and Veterans, even if they're not enrolled in VA benefits or health care.



Línea Nacional de Abuso Doméstico

**(800) 799-SAFE (7233)**

Text | Texto “**START**” to **88788**.

Chat online | Chatear en línea  
(A.I. Chat also available)

**thehotline.org**

We are here to serve all those impacted by relationship abuse 24/7 confidentially.

Due to heightened demand, you may experience longer time to connect with a live advocate. If you are unable to wait safely or aren't ready to call, chat or text, you can search our *Directory of Local Providers* section anytime for resources and support in your area.

**Here For You. Aquí para ti.**